



Now that baby's here, traveling just got a lot more complicated. Cut down on the chaos with our checklist of must-haves.

- Diapers** – Remember, you can never have enough diapers. Pack one for each hour you'll be traveling and then throw in a few more, just in case!
- Diaper changing pad** – If your diaper bag doesn't already come with one, you can pick up disposable or inexpensive pads at most supermarkets or baby stores.
- Plastic bags for storage** – These will come in handy when it comes to time to store dirty diapers and clothes.



- Diaper rash cream
- Baby wipes/Tissues
- Travel-size bottles of baby wash, lotion, and antibacterial hand gel
- Extra pacifiers (if baby uses one)
- Clothes, socks, and booties/shoes
- Washable bibs

- Formula, water, or juice (depending on baby)
- Snacks for you and baby** – In case your trip is delayed and you both need something to munch on.
- Extra bottles, nipples, and/or sippy cups (depending on baby's age)
- Breast pump (if used)
- Bra pads (if used)
- Nightlight** – For those middle-of-the-night changes
- First-aid kit** – Always have one on hand with pain relievers safe for baby and supplies to treat minor injuries.
- Sling or front carrier** – An easy and hands-free way to tote baby around when you're on the go.
- Play center/crib/bouncer** – A lightweight and portable play center or bouncer is perfect for both play time or nap time.
- Inflatable baby bathtub** – You'll be glad you brought it when it comes time to wash baby
- Car seat** – Remember, car seats can also be used on planes
- Collapsible stroller** -- A lightweight stroller will be easy to store in the back of your car or in overhead compartments on a train or plane.

