



baby's name: _____

date: _____

day: S M T W T F S

playtime

Today I ...

- played on my playmat
- had tummy time
- sat in bouncy chair
- watched a video
- whizzed around in my exersaucer
- other _____

notes: _____

around town



Today I went...

- to the library
- for a walk in the neighborhood
- shopping
- to a playdate with _____
- to the park
- other _____

notes: _____

naptime

Today I napped...

- in my crib
- in my stroller
- in my bassinet
- other _____

time: _____

time: _____

time: _____

time; _____

bathtime

Today I had a bath

- yes no


